**The Pros and Cons of Technological Devices**

**(smartphones, televisions, the internet etc.)**

Hello classmates,

Today I will talk about the pros and cons of technological devices.

I think that the pros definitely outweigh the cons.

A good example of this is, instead of huge buildings of libraries, we have mobile phones with internet access that can access to multiple libraries of books, videos, etc.

We can also be informed about the recent news instantly via smart-televisions and the internet.

Moreover, we don't have to purchase newspapers every morning anymore thanks to the apps that can notify us about the global news.

In recent decades, people have started to find entertainment through technological devices.

Although this seems like a positive trait, this situation also has many dangerous and negative sides.

For Example: If people try to fulfil their enjoyment from technological devices such as smart-phones extremely, it can lead to an addiction of these devices and eventually your social relationships will weaken.

The negative effects of technological devices can be seen in people's health too.

For instance, staring at a television screen for longer hours can damage your eye retinas or your sitting style can hurt your neck and cause back pain and it can even cause permanent damage to your spine.

In a nutshell, we can conclude that, even though technology has many upsides to it, the over usage of it can cause social and physical damage.

But we can negate the downsides by not letting technology control us, but keeping the balance.